

eDiary 2023 Help File

*What you get by achieving your goals is not as important as what you become by achieving your goals.
- Michelangelo Buonarroti, Renaissance artist*

What is eDiary 2023

Goals are achieved only when one really sets them at the beginning of every year, tracks them and achieve them at the end of the year and carry on till he or she fulfil what he or she wants.

eDiary 2023 is an electronic diary with hyper links for easy navigation. Since the iOS eco system has plenty of tools to overlay or append to the PDF files, I thought it would be ideal to allow the users to choose their own tool.

Which Tool I can use to annotate PDF files (scribble / write on the eDiary 2023 or overlay text)?

One could simply use the Books application to achieve this without paying any extra money. Of course others may choose to use their choice of applications which has the facility to overlay text.

Free Category (almost! Except you pay \$1.00 for eDiary 2023

Best Choice is Apple Books application.

Paid Category

- Documents by Readdle
- Good Notes
- PDF Expert
- PDF Markup
- Notability
- Adobe Acrobat Reader
- PDF Cabinet
- ...
- ...
- Too many to add here and all of them wants \$

Features & Hyper Links available in eDiary 2023

- 2023 Calendar
- Goals for 2023
- Monthly Goals
- Share eDiary 2023 PDF file with Books or other Paid category PDF editing apps.
- 2024 Calendar

2023

JANUARY							FEBRUARY							MARCH						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
					1				1	2	3	4	5			1	2	3	4	5
2	3	4	5	6	7	8	6	7	8	9	10	11	12	6	7	8	9	10	11	12
9	10	11	12	13	14	15	13	14	15	16	17	18	19	13	14	15	16	17	18	19
16	17	18	19	20	21	22	20	21	22	23	24	25	26	20	21	22	23	24	25	26
23	24	25	26	27	28	29	27	28						27	28	29	30	31		
30	31																			

APRIL							MAY							JUNE							
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	
				1	2		1	2	3	4	5	6	7					1	2	3	4
3	4	5	6	7	8	9	8	9	10	11	12	13	14	5	6	7	8	9	10	11	
10	11	12	13	14	15	16	15	16	17	18	19	20	21	12	13	14	15	16	17	18	
17	18	19	20	21	22	23	22	23	24	25	26	27	28	19	20	21	22	23	24	25	
24	25	26	27	28	29	30	29	30	31					26	27	28	29	30			

2023 Calendar with hyper links to the daily sheet page of the corresponding day.

2023 Goals

Priority	Goal	Target Date	Achieved On
URGENT & IMPORTANT			
IMPORTANT & NOT URGENT			

Yearly Goal with Priority and Target Date and Achieved Date along with 4 Quadrant Priority (Urgent & Important, Important and Not Urgent, Not Important and Urgent, Not Important and Not Urgent)

January Goals

Priority	Goal	Target Date	Achieved on

Monthly Goals Page with Priority with Target Date and Date Achieved for Review

2023	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC																				
S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M																
December	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	2022
	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	January
		01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28		February	

January

1

08:00a

09:00a

Daily Sheet with hyper links to Each month, -1 month, +1 month



JANUARY

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

FEBRUARY

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

MARCH

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

APRIL

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

MAY

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

JUNE

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

JULY

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

AUGUST

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

SEPTEMBER

M	T	W	T	F	S	S
30						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

OCTOBER

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

NOVEMBER

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

DECEMBER

M	T	W	T	F	S	S
30	31					1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

GOAL SETTING

What you get by achieving your goals is not as important
as what you become by achieving your goals.

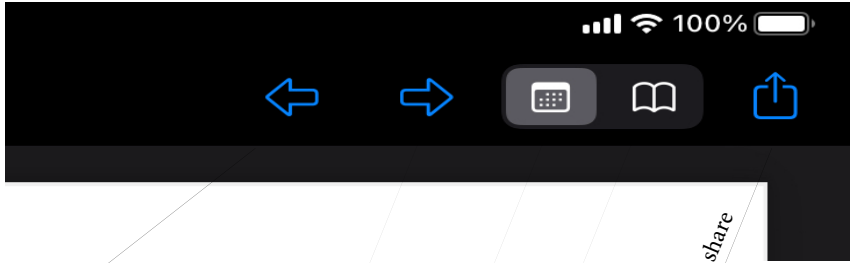
– Michelangelo Buonarroti, Renaissance artist

A Harvard Business Study found that the 3% of graduates from their MBA who had their goals written down, ended up earning ten times as much as the other 97% put together, just ten years after graduation.

Goals are not simply a wish list - but have to be S-M-A-R-T Goals. This acronym stands for Specific, Measurable, Actionable, Realistic, Timely.

- ◇ Specific: Well defined, clear, and unambiguous
- ◇ Measurable: With specific criteria that measure your progress towards the accomplishment of the goal
- ◇ Achievable: Attainable and not impossible to achieve
- ◇ Realistic: Within reach, realistic, and relevant to your life purpose
- ◇ Timely: With a clearly defined timeline, including a starting date and a target date. The purpose is to create urgency

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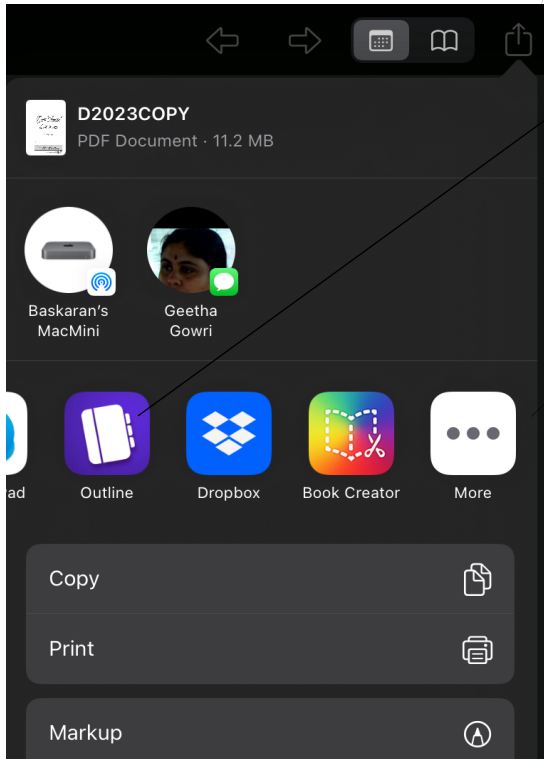


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Help File

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